

Pesticides in Fruits and Vegetables

In a recent study October 2009, two-thirds of domestic and imported produce contained no pesticide residue, according to the Food and Drug Administration. Yet the study did not mention the other third of produce which did contain traces of pesticides.

According to findings from 87,000 government tests, the Environmental Working Group dubbed 12 vegetables the "dirty dozen." They are the fruits and vegetables most likely to contain pesticide.

Some fruits and vegetables can have nine different pesticides in a single serving,

Dirty Dozen

1. Peaches
2. Apples
3. Bell peppers
4. Celery
5. Nectarines
6. Strawberries
7. Cherries
8. Kale
9. Lettuce
10. Imported grapes
11. Carrots
12. Pears

